

Good morning and Happy Day,

Welcome to Day-3 of our 30-Day Journey. Though I felt like a salmon fillet was swimming after me in the market on Saturday, I truly am feeling lighter, more energetic, and my brain appears to be more clear. What differences are you sensing?

**Morning Thought:**

"For the eyes of the Lord run to and fro throughout the whole earth, to show Himself strong on behalf of those **whose heart is loyal to Him.**" (2 Chronicles 16:9)

Notice, God is not searching for "*Spiritual Giants*," He is seeking those who are **sincerely loyal** to Him. God is watching and waiting for us to **ask** for the supernatural power that He offers. Could it be that we are only one **request** away from inexplicable, Spirit-enabled Victory. By His touch, we can and will be victorious as we continue our journey. Continue to **ask**, because for the Christian, **dependence** is just another word for **power**. Oh Lord, we **ask** for your touch today.

Attached, please find a short morning prayer video and my Daily Reflection. I pray that we will *walk in God's Power today, and bring Him glory!*

Pray for me, as I pray for you,



**MORNING PRAYER (1:23) – FOLLOW YOUTUBE LINK BELOW AND RETURN TO DAILY REFLECTION BELOW:**

<https://www.youtube.com/watch?v=v487CKogcow&authuser=0>

## ***‘Thirty Day Journey***

### **Day 3**

#### ***Verse of the Day:***

“I am the Vine, you are the branches, he who abides in me and I in him, he bears much fruit, for apart from Me, you can do nothing,” (John 15:5 NASB)

#### ***Reflection:***

Picture in your mind a bunch of grapes hanging from a vine. Take a moment and just visualize it. Are you able to see the thick strong vine, and the frail thin branch that the grapes are connected to? As long as that fragile branch is connected to the vine, the grapes become nice and ripe.

The same is true with us. We will be successful in all that we do, if we stay connected to Jesus Christ, who is the Vine and our Life Source. As you continue along your 30-Day Journey, stay connected to your Life Source, Jesus Christ; for “when you are weak, He is strong.” Remember, without Him, you can do nothing; but with Him, “All Things are Possible.” Be Blessed today!

#### **Prayer:**

Father, we want to do what is needed to get healthy and strong; Spirit, Soul, and Body. Our desire is to glorify You in all that we do. But we know that we can’t do anything on our own, and/or in our own strength. You said that it is not by power, nor by might; which means nothing can be accomplished in our own ability. It is in You, that we will successfully complete our 30-Day Journey. We faithfully trust that You are working to help us succeed; because You want us to succeed more than we do. Help us to be steadfast and encouraged as we submit all to You, *everything* that stands in our way. Help us to remember, that we “can do all things, through You, who strengthens us.”

We willingly bow before You, and accept Your Strength, and Your Power as our own. In your wonderful Name Jesus, Amen.



**I am the vine; you are the branches...  
If you remain in me and I in you, you will  
bear much fruit**

**Jesus Said**