

Good morning & Happy Tuesday,

Morning Thought:

I love the LORD, because he hath heard my voice *and* my supplications. Because he hath inclined his ear unto me, therefore will I call upon *him* as long as I live. (Psalm 116:1-2 KJV)

I love the LORD because he hears my voice and my prayer for mercy. Because he bends down to listen, I will pray as long as I have breath! (Psalm 116: 1-2 NLT)

I love you, LORD! You answered my prayers. You paid attention to me, and so I will pray to you as long as I live. (Psalm 116:-2 CEV)

I love the Psalms because they remind us that God is available to us to provide comfort, mercy, and grace. And we can't forget His undeniable love and nearness. In psalm 116, we see that the psalmist declares; "I love the Lord, because He has heard." Though not the only reason, the fact that God heard and paid attention to him, was and is a reason to love Him.

Isaac Watts, *penned the words, "I love the Lord; he heard my cries, And pitied every groan; Long as I live, when troubles rise, I'll hasten to his throne."* As I can hear the beautiful voice of Whitney Houston, singing these words, I realize more and more that *we are truly blessed, that the one and only Living God hears our every cries, knows our unique voice, and listens intently to our every whisper.* So, on this Tuesday morning, I encourage you to call on Him, praise Him, confess to Him, and thank Him for the blessed assurance found in Psalm 116.

<https://www.youtube.com/watch?v=M5oXJBtMfGk>

Attached please find Reflection # 11



Pray for me, as I pray for you

30 Day Journey

Day 11

Verse of the Day:

“May our Lord Jesus Christ Himself and God our Father who loved us and by His Grace gave us Eternal Encouragement and good hope, encourage your hearts and strengthen you in every good deed and word.” (2Thessalonians 2:16-17 NIV)

Reflection:

Have you ever felt all alone? Or have you ever uttered the words; “No one, understands what I am feeling or going through.” Or after encouraging everyone else, have you ever looked around, and could find no one to encourage you. Isn't it great to be reminded in 2 Thessalonians 2:16-17, that our Heavenly Father, by His Grace has given us Eternal Encouragement and Good Hope?

Could this be why the Psalmist spoke to his soul and asked, “Why am I discouraged? Why is my heart so sad? I will put my hope in God! I will praise Him again—my Savior and my God.” (Psalm 43:5 NLT) Could he have remembered, that he is never alone; because God is always there encouraging and loving him on to victory.

Know that if you become discouraged along the way during this 30-Day Journey, that you can stop and ask our Lord Jesus to encourage your heart and provide you with strength. Know that He is with you, every step of the way, rooting you on. Let us run this race with patience and endurance. Let us Finish Strong!

Prayer:

Father, thank you for reminding us, that you are our Encourager as we run this race. You have provided us with *eternal hope*. We ask that you continue to strengthen and encourage our hearts. We realize, “the race is not given to the swift, nor the strong, but unto them that endure to the end.” Help us to stay on course, with joy in our hearts and a praise ringing from our lips. In Jesus' Name, Amen.

