

Good morning and Happy Monday,

Rising Thought:



I've always heard the phrase "rise and shine," as it relates to getting up in the morning after a night's sleep. In other words, it's time to get up and get about your day. But this morning as I reflected on Isaiah 60:1, the words of Jesus came to mind:

*"You are the light of the world. A town built on a hill cannot be hidden. 15 Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. 16 **In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.**" (Matthew 5:14-16 NIV)*

As we begin our week, let's remember the words of Jesus, and allow the "light" that is within us to "shine," and make a difference. Have a great week!

Attached, please find Reflection # 17



Pray for me, as I pray for you.

Thirty Day Journey

Day 17

Verse of the Day:

“Take your everyday, ordinary life—your sleeping, eating, going-to-work, and walking-around-life—and place it before God as an offering. Embracing what God does for you is the best thing you can do for Him. Don’t become so well-adjusted to your culture that you fit into it without even thinking. Instead, fix your attention on God. You’ll be changed from the inside out.”
(Romans 12:1-2 MSG)

Reflection:

Romans 12:1-2 is one of the most quoted scriptures in the Bible; “Present your body as a living sacrifice before the Lord.” But how many of us make it an intentional practice daily?

The scripture also encourages us to fix our attention on God, and not to be conformed to this world. Why? Because then and only then will we be changed from the inside out. How is He busy changing you from the inside-out?

In this trauma filled world, let us be mindful to fix our attention on God. Let’s remember “to cast all of our cares upon Him, because He cares for us.” Unlike the world, let us not stress or be anxious about anything; but let us “in all things give thanks, with prayer and supplication.”

Prayer:

Change us Oh Lord; we want to be more like you. Amid this trauma filled world of mass killings, corrupt politics, discord in homes, and dysfunctional neighborhoods; we can sometimes become distracted. And sometimes amid our own busyness, we can lose focus. Speak peace to our personal situations today Lord. Help us to be focused and to present every aspect of our ordinary everyday life before you. In Jesus’ Name, Amen.

