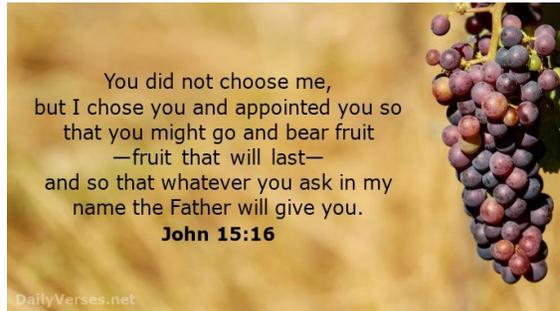


Good Morning and Happy Wonderful Wednesday,

Rising Thought:



Isn't it wonderful to know that you have been **chosen** and **appointed** by the Almighty God. Let that thought marinate for a moment. Now re-read the end of the verse. You have been **chosen** and **appointed** ***"that you might bear fruit that will last; and so whatever you ask in my name the Father will give you."*** Wow, and Wow again!

On this Wonderful Wednesday, walk like the **Chosen One** that you are; and bear much fruit.

Attached, please find Reflection # 19



Pray for me, as I pray for you

Thirty Day Journey

Day 19

Verse of the Day:

“You have searched me, Lord, and You know me. You know when I sit and when I rise; You perceive my thoughts from afar. You discern my going out and my lying down; You are familiar with all my ways. Before a word is on my tongue you, Lord, know it completely...such knowledge is too wonderful for me, too lofty for me to attain.” (Psalm 139:1-4, 6 NIV)

Reflection:

I too, like the psalmist, am awestruck when I think about how the God of the universe studies me closely. So closely, until He knows my every move before I make it; my every thought before I think it. He even knows the number of hairs on my head. What love He has for me and you!

Today, as you continue this spiritual journey, take a moment to think about the fact that you are not alone. Our God is walking with you, watching you, studying you, and loving you. Now I am a very visual person; so, for me, that looks like a huge loving shadow hovering over tiny me. I find peace in that.

As you proceed with your day, know that there is nothing too small, nor too large that our God doesn't care about. He knows when you sit, and when you rise. He perceives your every thought—your every heartbeat. ***Relax in Him today!***

Prayer:

Father, we ask that as we continue our 30-Day Journey, that You continue to search us, and know our ways. Reveal any unclean thing that might hinder us in our spiritual walk. Our desire is to look just like you in character and in our love walk. We want to please You in all things.

Let not this fast be only about food; but let it be about cleansing and personal deliverance. Lord, we bow before You, our Creator and our Deliverer. Search us today, to see if there is any wicked thing within us, so that we might come forth as Pure Gold. In Jesus' Name. Amen.

